Founding Principles

**Checks and Balances**: Constitutional powers are distributed among the branches of government allowing each to limit the application of power of the other branches and to prevent expansion of power of any branch.

**Consent of the Governed/Popular Sovereignty**: The power of government comes from the people.

**Due Process**: The government must interact with all people according to the duly-enacted laws and apply these rules equally with respect to all people.

**Federalism**: The people delegate certain powers to the national government, while the states retain other powers; and the people, who authorize the states and national government, retain all freedoms not delegated to the governing bodies.

**Liberty**: Except where authorized by citizens through the Constitution, government does not have the authority to limit freedom.

**Limited Government**: Citizens are best able to pursue happiness when government is confined to those powers which protect their life, liberty, and property.

**Majority Rule/Minority Rights**: Laws may be made with the consent of the majority, but only to the point where they do not infringe on the inalienable rights of the minority.

**Natural/Inalienable Rights**: Rights which belong to us by nature and can only be justly taken away through due process. Examples are life, liberty, property, and the pursuit of happiness.

**Private Property**: The natural rights of all individuals to create, obtain, and control their possessions, beliefs, faculties, and opinions, as well as the fruits of their labor.

**Representative/Republican Government**: Form of government in which the people are sovereign (ultimate source of power) and authorize representatives to make and carry out laws.

**Rule of Law**: Government and citizens all abide by the same laws regardless of political power. Those laws are justly applied, consistent with an ethos of liberty, and stable.

**Separation of Powers**: A system of distinct powers built into the Constitution, to prevent an accumulation of power in one branch.
Virtues

**Virtue** is conduct that reflects universal principles of moral and ethical excellence essential to living a worthwhile life and to effective self-government. For many leading Founders, attributes of character such as justice, responsibility, perseverance, respect, and others were thought to flow from an understanding of the rights and obligations of human beings. Virtue is compatible with, but does not require, religious belief. One’s thoughts and words alone do not make a person virtuous. According to Aristotle, virtue must be based on a just objective, it requires action, and it must become a habit.

**Private Virtue:** The idea that, in order to sustain liberty, individuals must be knowledgeable and must conduct themselves according to principles of moral and ethical excellence, consistent with their rights and obligations.

**Civic Virtue:** A set of actions and habits necessary for the safe, effective, and mutually beneficial participation in a society.

**Civil Discourse:** Reasoned and respectful sharing of ideas between individuals is the primary way people influence change in society/government, and is essential to maintain self-government.

**Contribution:** To discover your passions and talents, and use them to create what is beautiful and needed. To work hard to take care of yourself and those who depend on you.

**Courage:** The ability to take constructive action in the face of fear or danger. To stand firm in being a person of character and doing what is right, especially when it is unpopular or puts you at risk.

**Honor:** Demonstrating good character, integrity, and acting honestly.

**Humility:** To remember that your ignorance is far greater than your knowledge. To give praise to those who earn it.

**Integrity:** To tell the truth, expose untruths, and keep your promises.

**Initiative:** Exercising the power, energy, or ability to organize or accomplish something.

**Justice:** Upholding of what is fair, just, and right. To stand for equally applied rules that respect the rights and dignity of all, and make sure everyone obeys them.

**Moderation:** The avoidance of excesses or extremes.

**Perseverance:** To continue in a task or course of action or hold to a belief or commitment, in spite of obstacles or difficulty. To remember how many before you chose the easy path rather than the right one, and to stay the course.
Respect: Honor or admiration of someone or something. To protect your mind and body as precious aspects of your identity. To extend that protection to every other person you encounter.

Responsibility: Acting on good judgment about what is right or wrong, or deserving the trust of others. To strive to know and do what is best, not what is most popular. To be trustworthy for making decisions in the best long-term interests of the people and tasks of which they are in charge. Individuals must take care of themselves and their families, and be vigilant to preserve their liberty and the liberty of others.

Resourcefulness: Taking constructive action in difficult situations quickly and imaginatively.

Self-Governance: To be self-controlled, avoiding extremes, and to not be excessively influenced or controlled by others.

Vigilance: Being alert and attentive to take action to remedy possible injustices or evils.
Glossary

**Administrative State:** The idea that government agencies should be part of an efficient, planned bureaucracy in which legislative, executive, and judicial powers are combined in specific agencies organized according to scientific management, headed by experts, and empowered to solve social, economic, and political problems. This approach to government eliminates separation of powers, checks and balances, and removes most limits on government power.

**Agrarian:** The cultivation of land; agriculture; a person who favors equitable distribution of land.

**Agricultural Adjustment Act of 1933:** An act of Congress passed in 1933 as part of New Deal legislation to help relieve the economic emergency of the Great Depression by increasing agricultural purchasing power and provide emergency relief.

**Antebellum:** Before the war; in particular, the period before the American Civil War.

**Anti-Federalists:** A faction of Founders who supported amending the Articles of Confederation and opposed the Constitution of 1787, were concerned about a strong central government, wanted to maintain strong state governments, and fought for the Bill of Rights as a way to protect citizens from a strong central government.

**Antiquated:** Something that is no longer useful; old; out-of-date.

**Apothegm:** A short, witty, instructive saying.

**Appropriations Committee:** A legislative panel that is responsible for passing appropriations, or spending, bills.

**Articles of Confederation:** The original governing document of the United States that was written in 1777 and was in force until the ratification of the Constitution by nine of the thirteen states in 1788. Under the Articles, states retained sovereignty and created a firm league of friendship in which the national government held little power.

**Bicameral/Bicameralism:** A legislative body composed of two chambers; in the United States, the Congress is composed of the House of Representatives and the Senate.

**Brutus:** An Anti-Federalist writer, thought to be Robert Yates of New York. Brutus asserted that it was impossible to provide fair and true representation in such a large republic as the United States.

**Bureaucracy:** The administration of government through departments and subdivisions; the concentration of authority in a complex structure of administrative bureaus.
**Glossary**

**Casework:** The work done by congressional staffers to assist constituents by contacting government agencies on behalf of the constituent to attempt to resolve problems.

**Cato:** An Anti-Federalist writer, thought to be George Clinton of New York, who believed that the legislature would not be able to respond to the needs of people from all walks of life and would end up representing the interests of only the wealthy and influential few.

**Caucus:** A meeting of supporters of a specific political party who gather to elect delegates to choose whom they believe should be the candidate in a given election that is organized by political parties. In the modern congress unit, *caucus* is not used in the electoral sense, but in the sense of a body of individuals belonging to the same faction —"a meeting of the members of a legislative body who are members of a particular political party, to select candidates or decide policy. Synonyms: meeting, assembly, gathering, congress, conference, convention, rally, convocation" - Webster’s

**Chief Executive:** The leader of the executive branch of government. In the British system, the Prime Minister is part of the legislative branch, whereas in the American system, the president is the head of the executive branch.

**Clayton Antitrust Act of 1914:** An act of Congress that prohibited mergers, interlocking directorates, and other forms of monopolistic business organization.

**Cloture:** the parliamentary procedure by which debate is closed and the measure under discussion is put to an immediate vote.

**Coalition:** An alliance of people who come together for a specific purpose.

**Coincide:** To occur at the same time; to occupy the same place.

**Commerce:** The economic system that constitutes the working environment for business including the legal, economic, political, social, cultural and technological systems that are in operation in any nation-state.

**Commerce Clause:** Article I, Section 8, Clause 3 of the U.S. Constitution states, “Congress shall have the power...to regulate commerce with foreign Nations, and among the several States, and with the Indian Tribes.”

**Competing Interests:** Members of Congress are simultaneously expected to be lawmakers, representatives of the people, and members of a political party. As representatives of the people, they are expected to act for the benefit of both their particular district and for the nation as a whole. Passing laws frequently requires compromise among members, which necessitates sacrificing some constituent desires in hopes of achieving others.

**Comply:** To act in accordance with a request or order.
**Confederation:** A league or alliance of independent states, nations, or political organizations.

**Congressional Support Staff:** Employees of representatives or senators who assist members in their daily work including constituent communication and advocacy, drafting legislation, or research.

**Consent:** To give permission, approval, or assent.

**Constituent:** Being a voting member of a community or organization and having the power to appoint or elect.

**Contemptible:** Despicable; dishonorable; disgraceful.

**Contentious:** Being argumentative or causing controversy.

**Co-opt:** To cause or force someone to become part of your group or movement; to use or take control of something for your own purposes.

**Delegate:** A person designated to represent others.

**Deliberative:** Carefully weighing or considering.

**Democratize:** To make or become democratic.

**Disappearing Quorum:** The refusal to vote on a measure though physically present during a meeting of a deliberative body.

**Divisive:** Forming or expressing division or distribution.

**Dupe:** A person who is easily deceived.

**Dysfunction:** Any malfunctioning part or element.

**Economic Opportunity Act of 1964:** An act passed by Congress to combat poverty in the United States through work-training programs, urban and rural community action programs, adult education programs, and assistance to needy children under the Office of Economic Opportunity in the executive branch.

**Electoral College:** The Electoral College is the system used by the United States to elect its chief executive. The College is outlined in Article II, Section 1 and in the Twelfth and Twenty-Third Amendments to the United States Constitution. It calls for each state to be designated a number of electors that is equal to the number of senators and representatives in each state. To win the presidency, a candidate must receive an absolute majority of votes, currently 270 electoral votes.
**Enlightened Administrator:** A member of the government with specialized knowledge or education about a specific issue who acts as an administrator for government programs.

**Enumerated Powers:** The powers set forth by the Constitution to each branch of government.

**Excess of Democracy:** The idea that if there is too much democracy, governing decisions will reflect a mob mentality rather than the long-term best interests of the people.

**Executive:** The president leads the executive branch of the United States government; the executive is tasked with enforcing the laws, acting as commander in chief of the military, and making treaties and appointing officers with the advice and consent of the Senate.

**Federal Farmer:** An Anti-Federalist writer, thought to be Melancton Smith of New York, who believed that “a full and equal representation, is that which possesses the same interests, feelings, opinions, and views the people themselves would were they all assembled.”

**Federal Pyramid:** When James Wilson referred to the federal pyramid, he was arguing for a central government of a “considerable altitude,” or powerful enough to address the injustices and inadequacies that the union had experienced under the Articles of Confederation. A stable structure required a broad and deep foundation, and to Wilson, that meant a high level of participation by the people themselves in choosing their representatives. Wilson believed the new government must be both energetic and popular.

**Federal Supremacy:** Under the Supremacy Clause of Article VI of the Constitution, the Constitution, laws, and treaties of the federal government are the supreme law of the land.

**Federal Trade Commission (FTC):** An office under the executive branch created by the Federal Trade Commission Act in 1914 to promote consumer protection and anticompetitive business practices.

**Federalists:** A group of Founders that believed the central government was not strong enough under the Articles of Confederation and advocated for the new Constitution. They believed a bill of rights was not needed because the Constitution itself limited the government’s powers.

**Filibuster:** The use of obstructive tactics, especially long speeches, by a member of a legislative body to prevent the adoption of a measure or force a decision.

**Food and Drug Administration (FDA):** the oldest consumer protection regulatory agency in the federal bureaucracy. It began with the Pure Food and Drug Act of 1906, which prohibited interstate commerce in contaminated food or drugs.

**Free State:** A state that had banned slavery prior to the Civil War and the ratification of the Thirteenth Amendment.
**Gridlock**: A situation in which nothing can move or proceed in any direction.

**Hepburn Act of 1906**: An act by Congress that increased the power of the Interstate Commerce Commission by allowing it to set rates for railroad shipping.

**Impartial**: Not biased; fair; just.

**Impasse**: A position or situation from which there is no escape.

**Impeachment**: The presentation of formal charges against an elected official.

**Imperialism**: The policy of extending the rule or authority of an empire or nation over foreign countries.

**Impetuous**: Sudden or rash action, emotional; impulsive.

**Implied Powers**: Powers of Congress that are said to be implied by the Necessary and Proper Clause in Article I, Section 8 of the Constitution even if they are not listed under the enumerated powers in that section.

**Insurgent**: A person who rises in opposition to lawful authority, especially one who engages in armed resistance to a government or the execution of its laws.

**Interpose**: To put a barrier or obstacle in between or in the way of action.

**Interstate Commerce**: The movement of goods or money from one state to another. Congress has the power to regulate interstate commerce through Article I, Section 8 of the Constitution.

**Interstate Commerce Act of 1887**: An act passed by Congress that regulated interstate commerce including transportation of goods between states and established the Interstate Commerce Commission.

**Interstate Commerce Commission (ICC)**: An executive agency created under the Interstate Commerce Act of 1887 to regulate trade practices.

**Joseph Cannon**: A member of the Republican Party and Speaker of the House of Representatives from 1903 to 1911. Cannon was considered to be one of the most dominant Speakers of the House in United States history.

**Laissez-faire**: The practice of noninterference in the affairs of others; the theory or system of government that upholds the autonomous character of the economic order, believing that the government should intervene as little as possible in economic affairs.
**Lame Duck:** An elected official or group of officials who continue in office during the period between an election defeat and the new officers’ assumption of the office.

**Legislation:** A law that is made or enacted by a legislature.

**Legislature:** A deliberative body of persons, usually elected, who make, change, or repeal laws of a nation or state; the branch of government that has the power to make laws.

**National Industrial Recovery Act of 1934 (NIRA):** An act of Congress to encourage national industrial recovery, foster fair competition, provide for public works, and other purposes as part of New Deal legislation to combat the Great Depression.

**National Recovery Administration (NRA):** An executive agency created by the National Industrial Recovery Act of 1934 that set production quotas, prices of goods, and wages for each industry. The NRA regulated commerce between the states and within states.

**Nationalism:** Devotion or loyalty to one’s country.

**New Jersey Plan:** A plan introduced by the New Jersey delegation to the Constitutional Convention that provided for equal representation of the states in a unicameral legislature—in essence just tweaking the Articles of Confederation to revise and strengthen the existing system.

**Nullification:** The failure or refusal of a U.S. state to enforce a federal law within its limits, usually on constitutional grounds.

**Oversight:** Supervision or care of a task or governmental agency.

**Parliament:** A legislative body; the legislature of Great Britain made up of the House of Lords and the House of Commons.

**Parliamentary:** Formal rules governing the methods of procedure, discussion, and debate in deliberative bodies.

**Parliamentary System:** A system of government in which there are two chambers of the legislative body, but which lacks separation between the executive and the legislative branch. Under a parliamentary system, the chief executive, usually called a prime minister, is a member of parliament.

**Patronage:** The power to make appointments to government jobs or the power to grant political favors.

**Perpetual Union:** A union in which members are not allowed to withdraw or overthrow the government. The Articles of Confederation purported to be a government document in which all members agreed to be members of a perpetual union.

**Political Party:** A group of people who agree on major policies, programs, and practices of government.
Pork-barrel: A government appropriation, bill, or policy that supplies federal funds for local improvements designed to allow legislators to establish favor with their constituents by benefitting local interests even though the project has little or no broader benefit.

Prime Minister: The head of the government in parliamentary systems.

Privileged: Favored; entitled.

Procedural: The course or mode of action in conducting legal, parliamentary, or other business proceedings.

Progressive/ Progressivism: A person who advocates for progress, change, improvement, or reform; the movement of the people who advocate for progress. As the term is often used in the United States, Progressives see the Constitution as a living document whose limits on the federal government’s powers are obsolete.

Proportional representation: A method of voting by which political parties are given legislative representation in proportion to their popular vote.

Quarrel: An angry argument, dispute or altercation.

Quorum: The minimum number of members needed to conduct business in a deliberative body.

Ratify/Ratification: formal approval. With respect to the U.S. Constitution, the process required that nine of the thirteen original states had to approve the Constitution in order for it to become law.

Reform: To change by alteration, substitution, or abolition.

Regulation: A law, rule, or order prescribed by authority.

Reins: The controlling or directing of power.

Repeal: To officially revoke or withdraw.

Representation: The state, fact, or right of having one’s interests expressed by delegates in the government.

Republic: A state in which the supreme power resides with the citizens who choose government representatives directly or indirectly through voting.

Revolt: To break away from or rise against authority.

Rules Committee: A committee of the House of Representatives that is in charge of determining which laws will come to the House floor based on the rules of the House.
**Schechter Poultry Corp. v. United States (1935):** A unanimous Supreme Court case that ruled that the National Industrial Recovery Act was unconstitutional because the federal government could not regulate intrastate trade and because the Congress could not delegate its legislative authority to the executive branch.

**Sectionalism:** Regard for sectional, or local, interests.

**Select Committee:** A legislative panel made up of a small number of legislators who were appointed to deal with a specific issue.

**Seniority:** Priority, precedence, or status obtained as a result of a person’s length of service or relative prestigiousness or authority of their position.

**Slave State:** A state that had not outlawed slavery prior to the Civil War and the ratification of the Thirteenth Amendment.

**Sovereign:** The supreme power or authority.

**Speaker of the House:** The leader of the majority party in the U.S. House of Representatives and presiding officer of the House.

**Special Interest Groups (SIGs):** A group of people with shared interests who seek support of their interests from politicians through legislation, appropriations, or other means.

**Stalwarts/Radical Republicans:** A wing of the Republican Party whose platform was an opposition to slavery prior to and during the Civil War, fighting for the rights of freed slaves during Reconstruction, and punishing the South for the Civil War.

**Stamp Act:** An act passed by the British Parliament in 1756 that required colonists pay a tax on every piece of printed paper in order to help pay debts accumulated during the French and Indian War. The act was repealed in 1766.

**Standing Committee:** A permanent legislative panel in the House of Representatives or Senate that considers bills, recommends measures, or oversees programs and activities.

**Suffrage:** The right to vote.

**Tariff:** A bill, cost, or charge imposed by the government on imports or exports.

**Tenure of Office Act:** An act of Congress, in place from 1867 to 1887, which restricted the power of the president to remove officials from office without the advice and consent of the Senate.
The Jungle by Upton Sinclair (1906): A novel that portrayed the harsh conditions of the meatpacking industry in the early twentieth century and led to the passage of the Meat Inspection Act and the Pure Food and Drug Act, also in 1906.

Three-Fifths Clause: A compromise regarding representation determined in the Constitutional Convention that counted three-fifths of the enslaved individuals in calculating representation and taxation. The clause was adopted as part of the Constitution.

Transformative: To change in form, appearance, structure, condition, or character.

Trustee: A person who administers the affairs of others.

Unicameral/Unicameralism: A legislative assembly consisting of one chamber.

Vetting: To appraise or verify validity or accuracy.

Virginia House of Burgesses: The first representative colonial assembly in the British American colonies.

Virginia Plan: A plan introduced by the Virginia delegation to the Constitutional Convention that recommended not just a revision of the existing confederation of sovereign states but the creation of a powerful national government that would be supreme over the states. The plan included a bicameral legislature in which the lower house was elected by the people of each state and the upper house was elected by the members of the lower house. In each chamber, the number of the state's delegates would be based on state population.

Virtue: Conduct that reflects universal principles of moral and ethical excellence essential to leading a worthwhile life and to effective self-government. For many leading Founders, attributes of character such as justice, responsibility, perseverance, etc., were thought to flow from an understanding of the rights and obligations of men. Virtue is compatible with, but does not require, religious belief.

War Industries Board: An executive agency that directed the wartime economy during World War I.

Ways and Means Committee: A legislative panel that reviews and makes recommendations for government budgets, usually involving taxation.

Whip: A party manager in a legislative body who secures attendance for voting and directs other members.